

TIPS ON INFORMATION AND RESPONSIBLE ACTIONS FOR HIV/AIDS PREVENTION

By

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DO YOU KNOW THAT

- AIDS is a new deadly disease caused by a germ called Human Immuno-deficiency Virus (HIV). The late stage of HIV infection is called Acquired Immune Deficiency Syndrome (AIDS).
- AIDS is a worldwide Public Health problem and it is here in Nigeria?
- AIDS has no cure and no vaccine to prevent it yet
- Once a person gets infected with HIV, he or she can infect others?
- People may be infected and carry the infection around for up to 10 – 12 years without knowing and can infect other people during this period?
- AIDS has no barriers as regards to religion, sex, age, ethnic, origin, nationality, profession and social status. It can affect anybody.
- The AIDS Virus can be spread from person to person through sexual intercourse with an infected person, through contact with HIV infected blood and blood products, sharing of skin piercing instruments such as knives, blades, needles and syringes, and from an infected pregnant mother to her baby before or during or after delivery?
- The major way of spreading AIDS in Nigeria (about 65%) is through sexual intercourse with an infected person?
- You cannot tell by mere looking if a person is infected with HIV. The only way to know is through a blood test?
- The major Signs of AIDS are persistent fever, chronic diarrhea that last more than a month and unexplained sudden weight loss?
- Sexual transmission of HIV can be prevented by abstinence and maintaining mutual infection?

- That men and women infected with HIV can transmit the virus to their spouses during sexual intercourse?
- Proper use of condoms during sexual intercourse with a casual partner protects you from HIV infection?
- All blood and blood products meant for transfusion must be screened for HIV before use?
- Women infected with HIV stand the risk of giving birth to babies with HIV/AIDS infection?
- Sexual Transmitted Diseases such as Gonorrhoea Syphilis, Chancroid and Herpes increase a persons chance of getting infected with HIV/AIDS?
- A husband and wife who are infected with HIV with eventually develop AIDS and die leaving behind their children to suffer?
- You cannot catch AIDS through ordinary social contacts such as hugging, touching, living in the same house with an AIDS patient or through mosquito bites?
- Children need education about AIDS/STD prevent or before they become sexually active?

I have got a reason to take charge of my future

Guarantee your future

Know your HIV status.

Visit a Heart to Heart centre today.

For more information, please send an e-mail to heart2heart@ghain.org or call the toll free lines:
0802-7192-780, 08023529678